SEPTEMBER - OCTOBER 2019

ELUL -TISHREI - CHEVAN 5779-5780



The Newsletter of Kol HaEmek (Voice of the Valley) P.O. Box 416, Redwood Valley, CA 95470 Phone # 707-468-4536

2019 - Kol HaEmek High Holiday schedule - 5780

Saturday, September 21, 7:30 pm, Selichot Service with Rabbi Chaya Gusfield (No refreshments will be served). Selichot is a time of reflection to prepare us for Rosh HaShanah the following week.

Sunday, September 29, 6:45-9 pm, Erev Rosh HaShanah Service Sunday, September 29

Women's Mikveh, led by Jo-ann Rosen and Margo Frank, 10:30 a.m.

Men's Mikveh, led by Bob Mandel at 1:00 pm.

Both at Pennyroyal Lake. Meet in the Parducci parking lot to carpool to the lake.

Monday, September 30, Rosh HaShanah Services, 10 a.m.-1:00 pm

Children's Service, 10-11 a.m.

Kiddush will be 1-1:30 pm

Tashlich 2:00 pm, Potluck Picnic, followed by ceremony led by Janae Stephens at Lake Mendocino, Pomo Day Use Area B. Use Highway 20 to reach the northwest part of the lake. Go past the Pomo roundhouse to the second parking lot; park near the bathrooms and walk toward the lake.

Tuesday, October 8, Erev Yom Kippur, Kol Nidre Service, 6:30 - 9 pm

This is the one night of the year we wear a *tallit*.

Wednesday, October 9, Yom Kippur Morning Service 10:00 a.m.-2:00 pm

Children's service 10-11 a.m.

Open Torah 5:00 pm, followed by Yizkor 6:15, and concluding Neilah Service, followed by break-the-fast potluck.

Sunday, October13, 10:00 am, create a Sukkah in preparation of Sukkot *A team of bamboo hunters and a truck is needed!* Everyone is then invited to decorate our Sukkah! Sunday, October13, Sukkot celebration 6:00 pm, including a potluck in the Sukkah

Sunday, October 20, 6:30 Simchat Torah celebration with dancing and scrolling of the Torah led by Mia Zimman.

Sunday, October 27, 1:30 Soul Collage with Leslie Kirkpatrick pre-register by calling Carol Rosenberg 463-8526

Opportunities for Tzedakah

Kol HaEmek (the Voice of the Valley) is funded by your member dues as well as your generous contributions to a **number** of funds including

- 1) Building Fund
- 2) Religious School Fund
- 3) Scholarship Fund
- 4) General Fund
- 5) Honoring and Remembrance Board
- 6) Tzedekah Fund
- 7) Rabbi's Discretionary Fund
- 8) The Marion and Sanford Frank Fund for feeding the hungry in Ukiah and Willits
- 9) Mazon A Jewish Answer to Hunger

Call: David Koppel, 485-8910 send checks to:

Kol HaEmek, P.O. Box 416, Redwood Valley, CA 95470

Condolences to:

Nancy Bertsch on the death of her husband Thedore Victor Bertsch (Ted) and to his children Audry and Dakotah and grandchildren Ida and Neo on Thursday August 22, 2019, Av 22, 5779

Holidays and Torah Readings

September 7 - Ki Teitzei

September 14 - KiTavo

September 28 - Nitzavim

September 29 - Erev Rosh HaShanah

September 30 - Rosh HaShanah

October 5 - Vayeleh

October 8 - Erev Yom Kippur

October 9 - Yom Kippur

October 12 - Haazinu

October 13-20 - Sukkot

October 21 - Shemini Atzeret

October 22 - Simchas Torah

October 26 - Bereishit

November 2 - Noah

Condolences to:

Hannah Idarius and Joel Goldberg, and their families on the death of their mother, Bela Goldberg, July 10, 2019, Tamuz 7, 5779

Bela was a survivor of the death camps and lived to reach her 95th birthday.

Follow-Through on Ideas Discussed at Annual Meeting

There will be a **Soul Collage** Introduction on Sunday, October 27, 1:00-4:00 pm at the Shul. Leslie Kirkpatrick will be our leader and we can accommodate the first 10 people to register. To register, call or e-mail Carol Rosenberg 463-8526/carolrosenberg@pacific.net

We are considering an additional workshop on **Making Tzitzis** for a favorite shawl. If this is something that interests you, call or e-mail Carol Rosenberg at 463-8526 or

<u>carolrosenberg@pacific.net</u> If we have enough interest we will plan a workshop.

Dear Friends of Kol HaEmek,

As we are about to begin the Jewish year 5780, our Shul school is now established and our search for spiritual leadership has brought us wonderful new people.

A huge thank-you goes to Sara Esserman-Melville, the result of her great commitment of energy, knowledge, and heart, we now have an ongoing Thursday Shul School. Sara leads our young group in celebrating our Jewish year as well as teaching basic Hebrew. Kol ha k'vod to you Sara!

Nearly two years ago, we contracted with Rabbi SaraLeya to serve our community. We had wonderful High Holidays with her and looked forward to years of stability with a strong rabbinic presence and leadership. This past winter, Rabbi SaraLeya moved to Nevada to join her family. Her last service with us was an inspiring Passover Seder this past April. This completed 1½ years with us, which had followed our contract with Rabbis Josh and Daria, who left after one year for a full-time position on the East Coast. We are so grateful for their engagement with us.

Our search for spiritual leadership resumed this past February. We have been able to maintain our Shabbat and holiday observances since February with the leadership of three accomplished prayer leaders. Each brings a different background and strengths: Chaya Gusfield, a Rabbi/Chaplain; Mia Zimman, a Jewish educator and gifted songleader; and Rayna Grace, a recently ordained Jewish Kohenet. Each of them is continuing with us as our year progresses.

We are very pleased and excited that:

Rabbi Chaya will lead High Holiday services for Selichot as well as Rosh HaShanah and Yom Kippur

Rayna Grace will be with us for our Sukkot celebration

Mia Zimman will lead us for Simchat Torah.

While it may appear that we didn't skip a beat in our transition with spiritual leadership, we had only five Board members who were actively involved. Three of our current Board members are over 80 years of age and have served on the Board for nearly 20 years. This transition necessitated a large amount of time and effort by the Board, trying to coordinate schedules and assess best fits for KHE.

We realized the many essential ways having a resident Rabbi provided for and contributed to KHE. However, a resident Rabbi is not in our foreseeable future. We are not financially able to support such a position. This places greater responsibility on the shoulders of the Board. A full Board has 9 members and we currently have 6, which includes Sara Esserman-Melville, who joined the Board this past month. Many Kol HaEmek members have served on the Board in the past, as KHE has existed for more than 30 years.

Please consider rejoining or stepping up for the first time to join the Board. It does not have to be a "forever" commitment. Each of us does what we can.

As I looked over annual letters from past Board Presidents, I was struck that all letters included an appeal to community members to join the Board. Clearly, this has been a need going way back. I asked myself, "Why would members respond to the appeal in this letter?" I can only say that I am not asking just to ask. We need your energy and your ideas. We meet the first Monday of each month for two hours.

The Shul creates a place where our connection to our spiritual well-being, to our Jewish history, and to each other can thrive. Our financial footing is solid. Thank you for your generous support with your membership dues. We hope you will continue your support. It provides the foundation for services, for maintaining our Shul, for educating our children, and providing Tzedakah to our community.

With gratitude,

Sherrie Ebyam, KHE Board President

ebyam@sbcglobal.net

530-414-1104

A Rosh HaShanah Message

There is a story in the Talmud that says that the presence of God as we experience God, is more present to us during the month before Rosh Hashanah, during the month of Elul. The story goes that the "King" (or as one way I think of God, the Presence) is walking in the fields among us, not far away locked up in a castle requiring permission to enter. Therefore we begin to prepare for the High Holy Days for an entire month before Rosh Hashanah beginning with Rosh Chodesh Elul which is the Friday evening of August 30. I am very excited that I will be with Kol HaEmek on Rosh Chodesh Elul (Friday night, August 30) for Shabbat, and Torah study the following day. During Torah study we will study Psalm 27 which is the Psalm that we are invited to read every day starting on the first day of Elul through Yom Kippur. Come and learn why. (We will also look at the Kaddish D'rabbanan, the special Kaddish we say after Torah study honoring teachers and students.)

I will also be with you for Selichot (Saturday night, September 21). On Selichot we gather to prepare our hearts for the work we will be doing during the Days of Awe. We will change the Torah coverings to their High Holy Day white, study texts on forgiveness and teshuvah, do some reflection and do a lot of singing to prepare us for the Days of Awe. We end with the beautiful ritual to separate the time of Shabbat from the week, Havdalah. I look forward to being with you again.

Rabbi Chaya Gusfield

Annual Support and Information

Mail To: Kol HaEmek, Box 416, Redwood Valley, CA 95470

Name	an	d	
CityState	Zip_		
Children		BirthDate	
Phone#		E-mail	
	I would like to receive	my Shema []Paper and E-mail OR [] Email only	
Annua	al Supportfirst three levels	include High Holidays, Newsletter and Rabbinical Services	
I	would like to help with the fo	ollowing activities:	
	[]Jewish educational progr	rams	
	[]Community Food program for the hungry		
	[]Special projects: Holiday gatherings, Newsletter or		
	[]Host a Shabbat at the Sh	ul or at my home	
	[]I have served on the boar	rd and am willing to serve again	
	[]I'm interested in serving	on the Board	
Ann	nual Support		
	[] \$ 1200+ Benefactor (\$3	00/quarter or \$100/month	
	[]\$ 600 Family(or \$150 /qr	uarter or \$50/month	
	[] \$ 300 Individual(\$75/qu	arter or \$25/month	
	[]\$50 Newsletter	[]Other	
Pay	ment Method		
Cha		dit card authorization for full payment. for \$erly\$, [] Monthly\$rd	
Name on Card		Phone#	
Mailing ac Amount o	Idress of Card f charge Today	Phone#	
Card #		Expiration	
	of Card Holder		

**** We Remember ***

Meda Newlin	August 01	Ana Mahoney	September 10
Gertrude Sussman	August 1	Henry Marvin Levin	September 10
Bunny Bookbinder	August 5	Tal Sizemore	September 11
Emily Schaffner	August 8	Ida Mann	September 11
Edwin Lockhart	August 8	Bernard Cohn	September 13
	•	Miriam Markowitz Blat	t September 13
Moshe Amedeo King	August 8, Elul 9	Belle Spiegel	September 15
Elena Castaneda	August 9	Jacob (Jack) Goll	September 17
Donald R. Pierce	August 9	Sidney Spiegel	September 18
Frances Suffel Norman Sher	August 11 August 12	Audry Brooks-Miller	September 18
Rae Stanten	September 12, Elul 29	Abraham Solomon Posner September 23	
Selig Bookbinder	August 15	Hyman Andich	September 29
Norman F. Feldheym	August 15	Michael Kisslinger	Av 4
Robert Glotzbach	August 16	Earlyne Levitas	Av 10
Hannah Igar	August 24	Reuven King	Av 15
Doug Rosoff	August 24	Herman Greenwald	Av 23
Irving Teplitsky	August 25	Ida Levitas	Rosh Hashanah
Fay N. Borkan	August 28	Ben Rosen	Elul 12
Abram Goldberg	August 30	Phillip Kam	Elul 23
Gladys Breit	August 30 August 30	Viola Faber	Elul 28
•	-		
Blanche Wolff	August 31	Jay Jones	Elul 6
Tena Marans	September	Dinah Godfrey	Elul 7
James Meredith	September 9		

Donations to KHE for July, Thank You

Judith M.Corwin

Judith Fuente and David Nelson for the Hungry
Janet Gurvitch
Jay Joseph and Jennifer Joseph
David Koppel and Linda Koppel
Vickie Paterson
Elisabeth Raybee
Elise Wilkins
Nancy Bertsch and Ted Bertsch
Erica Strong and Douglas Strong
Leon Springer and Nancy Marotta Springer
Robin Sunbeam
Andy Coren and Yvonne Corwin

KHE Feeds the Hungry--an update

For a great many years Kol HaEmek has funded the activity of certain congregation members and other volunteers: they've been using the kitchen at the Methodist Church in Ukiah to make sack lunches to distribute to hungry people. In recent years this activity has taken place on the third Sunday of every other month. (In the past, on the in-between months, we cooked hot meals at home and served them for dinner at the Buddy Eller shelter in Ukiah.) The lunches contain cheese sandwiches, fruit, and snacks. For many years we also made sandwiches for the people of Willits.

September 15 will be our last Sunday morning for the foreseeable future to perform this *tzedakah*. One reason is that the parking lot behind Social Services in Ukiah will no longer be available as the lunch distribution site. Recently, Plowshares received a grant to fund volunteer groups to prepare a Sunday late-afternoon meal at their facility, using their equipment, supplies, and food. That program, involving various congregations in our area, will begin in October. It will enable Plowshares to fulfill its long-time mission to serve the hungry every day of the week.

For us, agreeing to participate in the new program means agreeing to set up the dining room, prepare the food, and clean the facility after the meal has been served. We will need to be trained to use the Plowshares kitchen. Our current volunteer group, under the leadership of Cassie Gibson and Dan Hibshman, met and heard some concerns about having sufficient volunteers to undertake a new program, which will almost certainly take more total hours than we've been used to committing under the previous one. One estimate is that it will take at least 8 people donating two hours each to meet the new requirements—and that's only if we continue to prepare "sack lunches" at Plowshares, to serve in the late afternoon.

KHE needs to decide whether we want to continue at the new location and make the new commitment of time.

Before we commit, we need to increase our pool of volunteers, particularly with younger stronger folks, some of whom would be willing to mop floors! Are you and your teenage children and grandchildren available and willing to help KHE continue our long-time commitment to serving the needy in our community?

The time to act on this issue is now! If you are willing to volunteer, or have questions or suggestions, call Dan Hibshman, 462-7471, or email him at dhibshman@sbcglobal.net



Kol HaEmek MCJC-Inland P.O. Box 416, Redwood Valley, CA 95470

Our purpose is to create an environment in which Jewish culture, religion and spiritual life can flourish, to perpetuate and renew our jewish connections with ourselves and our homes, within our community and the world.

- To provide space for religious study and prayer.
- · To share life cycle events through meaningful Jewish traditions
- · and sponsor Jewish education for all ages
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- To be inclusive of all partnerships and family configurations
- · To include interfaith families and Jews-by-choice
- To network with other Jewish communities
- To educate and share our culture with other Mendocino County residents
- To be a foundation for *Tikkun olam* (healing the world)
- as a community through socially just actions and and by Mitzvot)
- To offer to our membership in exchange for financial and
- other contributions and allow all to participate
- regardless of the ability to pay

Kol HaEmek Information & Resources

Board Members

Sherrie Ebyam - President 530-414-1104 <ebyam@sbcglobal.net>
David Koppel - Treasurer 485-8910 <davekoppel@yahoo.com
Carol Rosenberg - Secretary 463-8526 <carolrosenberg@pacific.net>
Nancy Merling 456-0639 <a href="mailto:net-nancymerling@att.net-nancymerling.

Barbara Stanger 234-3261 <a urnaenterprises@gmail.com>
Moses Sunbeam 228-9980 <mosessunbeam @gmail.com
Sara Esserman -Melville 463-2247 <saramelville@pacific.net>

Brit Mila: A doctor to call for to a referral to a Mohel - Robert Gitlin D.O. (465-7406),

Chevra Kadisha (Jewish Burial)) Helen Sizemore (367-0250)

Community support: Willits, Divora Stern (459-9052), Ukiah, Margo Frank (463-1834)

Interfaith Council: Cassie Gibson (468-5351)

Rabbinical Services/Special Ceremonies are available; send your e-mail request to Sherrie Ebyamebyam@sbcglobal.net>